



# WINGSPREAD

RANDOLPH AIR FORCE BASE

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# NEWS

## Team Randolph Annual Award Winners



**Capt.  
Robert Ford Jr.**

### COMPANY GRADE OFFICER

Capt. Robert Ford Jr., deputy chief for the Programs and Resources Branch at the Air Education and Training Command, won Company Grade Officer of the Year for Team Randolph.

Captain Ford commanded 117 Security Forces Airmen while deployed to Kuwait, securing \$4 billion in assets and 350,000 troops with zero incidents. He orchestrated 24,000 Military Working Dog sweeps, searching 41,000 personnel and 31,000 vehicles, stopping 42 potential threats to the air base. The captain also led more than 140 convoys through hostile territory as convoy commander.



**Master Sgt.  
Christopher  
Lantagne**

### SENIOR NCO

Master Sgt. Christopher Lantagne, NCO in charge of the TRICARE Operations and Patient Administrative Flight for the 12th Medical Group, won Senior NCO of the Year for Team Randolph.

Sergeant Lantagne guided six duty sections and 23 personnel during a recent Health Services Inspection, contributing to an "excellent" rating for the 12th MDG. He developed a professional enhancement Web site including desk-top career information, links, and courses, which received more than 1,000 hits in three months.



**Tech. Sgt.  
Larry James**

### NCO

Tech Sgt. Larry James, 12th Contracting Squadron contracting officer, won NCO of the Year for Team Randolph.

Sergeant James handled \$100 million in contracts while deployed to Iraq. He helped implement a \$3 million air movement contract, ensuring 3,000 more police in the country, freeing backlogged U.S. Army patrols. He led a 30-man team that crafted a strategy to construct two Iraqi bases from the ground up, going from concept to contract in 10 days. He also volunteered as a convoy driver, completing 10 missions with no mishaps.



**Senior Airman  
Jennifer Booth**

### JUNIOR ENLISTED MEMBER

Senior Airman Jennifer Booth, Air Force Personnel Center promotion specialist, won Junior Enlisted Member of the Year for Team Randolph.

Airman Booth finalized 55 NCO promotions and computed Weighted Airman Promotion System scores for 140 deployed Airmen, which resulted in 42 being promoted. She contributed to the Air Force Smart Operations for the 21st Century program by centralizing and cutting data verification from 71 to 25 steps, saving 5,000 Military Personnel Flight work hours.



**Brian Hunter**

### SENIOR CIVILIAN

Brian Hunter, Air Force Personnel Center Assignment System Procedures and Student Management Branch chief, won Senior Civilian of the Year for Team Randolph.

Mr. Hunter managed more than 73,000 assignments and a \$610 million permanent-change-of-station budget. He was responsible for overseeing 123 PCS and deployment conflicts, amending key assignment system data, ensuring all were resolved and the right people were at the right place. He also authored an F-22 conversion, identifying 98 key billets to remain in-place, saving \$1.2 million.



**Britt Forbus**

### INTERMEDIATE CIVILIAN

Britt Forbus, a registered nurse for the 12th Medical Group, won Intermediate Civilian of the Year for Team Randolph.

Ms. Forbus was pivotal in the success of Fast Track clinic, mastering patient interviewing and teaching to increase access to care by 15 percent. She triaged 1,320 patient calls, which accelerated required intervention and rendered home-care advice, saving \$14,000. Ms. Forbus was one of seven registered nurses in the flight with ambulatory nursing certification, elevating the level of care provided at the clinic.



**Joseph  
Mitchner**

### JUNIOR CIVILIAN

Joseph Mitchner, a transportation assistant for the 12th Mission Support Group, won Junior Civilian of the Year for Team Randolph.

Mr. Mitchner skillfully processed 60 Navy band members on military airlift, worked 45 PCS calls and fulfilled travel requirements at 100 percent satisfaction with no late reporting. He also managed deployment travel by processing 335 personnel to 20 locations worldwide, all of whom made it on time. While managing the pax terminal, Mr. Michner manifested more than 2,000 duty and Space A travelers, ensuring seat usage was up 30 percent.



**Master Sgt.  
Monica  
Nicolson**

### FIRST SERGEANT

Master Sgt. Monica Nicolson, 12th Security Forces Squadron first sergeant, won First Sergeant of the Year for Team Randolph.

Sergeant Nicolson was a frequent panel speaker at the Air Education and Training Command commander's spouse's course on commander

and first sergeant relationships, developing 60 key leadership teams. She led the Randolph service coat wear test, recruiting 100 members and laying the ground work for critical feedback to the design team and the Chief Master



**Master Sgt.  
Kirk Anderson**

### ADDITIONAL DUTY FIRST SERGEANT

Sergeant of the Air Force.

Master Sgt. Kirk Anderson, Air Force Occupational Measurement Squadron superintendent, won Additional Duty First Sergeant of the Year for Team Randolph.

Sergeant Anderson was co-chairman of an Airman

Leadership School panel that briefed students on standards, promotions, career progression and first sergeant responsibilities. He partnered with a deployed first sergeant to coordinate Weighted Airman Promotion System testing materials to deployed Airmen in Iraq. He is also lauded for directing all squadron quarterly and annual awards programs and organizing all commander's calls.



**Staff Sgt.  
James Barnes**

### HONOR GUARD NCO

Staff Sgt. James Barnes, Air Force Recruiting Service network administrator, won Honor Guard NCO of the Year for Team Randolph.

Sergeant Barnes spearheaded vehicle support for Honor Guard details, ensuring 100 percent on-time arrival for 152 ceremonies. He flawlessly performed in 98 military honors and ceremonies, displaying expert command of all Honor Guard facets. Sergeant Barnes was handpicked to lead the color team for an Iraq Vice Chief of Staff visit. He was also voted "Guardsmen of the Week" six times by teammates for extraordinary duty performance.



**Senior Airman  
Alexander Rada**

### HONOR GUARD JUNIOR ENLISTED MEMBER

Senior Airman Alexander Rada, Air Education Training Command Computer System Squadron information systems programmer, won Honor Guard Junior Enlisted Member of the Year for Team Randolph.

Airman Rada executed 112 military and honors ceremonies flawlessly and displayed complete command of all Honor Guard facets. He was selected by his flight sergeant to serve as the B-Flight primary honors trainer, leading four training sessions that produced twenty 100-percent qualified guardsmen for Randolph, Lackland Air Force Base and Ellington Field. He was also voted "Guardsmen of the Week" four times by teammates for extraordinary duty performance.

# Air Force honors 12th Medical Group NCOs with Medical Service Awards

By Robert Goetz

Wingspread staff writer

Two Team Randolph members from the 12th Medical Group earned 2007 Air Force Medical Service Awards.

Master Sgt. Yolanda Batchelor, Public Health Flight NCOIC, was recognized as the lead public health NCO in the Air Force after receiving the Col. Cleveland L. Parker NCO Award at the Air Education and Training Command level.

Tech. Sgt. Daniel Johnson, Outpatient Records NCOIC, is the top administrative NCO in the Air Force. He had earned the AETC-level Health Plans Management NCO Award.

Col. Paul Bennett, 12th MDG commander, said Sergeants Batchelor and Johnson "have proven again that they are the backbone of the 12th Medical Group."

"Both these NCOs have something in common," he said. "They are involved both clinically and operationally. They mentor their Airmen. They are flexible and open to suggestions and are involved outside the group at both the Top 3 and NCOA organizations."

Colonel Bennett called them "out-front leaders."

"Team Randolph would be all that much less if it were not for both Sergeant Johnson and Sergeant Batchelor," he said.

Colonel Bennett said Sergeant Batchelor "inherited a flight that had some issues both from a morale and operational perspective and she ensured these issues were resolved within days after she assumed the NCOIC role."

She reviewed more than 1,500 pre-deployment requirements with no discrepancies, reviewed more than 5,200 questions with no complaints as patient advocate for public health and was the linchpin of the 12th Flying Training Wing's successful first-ever pandemic exercise.

Sergeant Batchelor was chosen 12th Aeromedical Dental Squadron NCO of the Year in 2006 and 12th Flying Training Wing NCO of the Fourth Quarter that same year. She ranked first in AETC for deployment processing, certified 1,500 pre-deployment requirements and led the Public Health Flight to an overall "excellent" rating during the Air Force inspector general's consult visit.

She attended the 40-hour First Sergeants Symposium and led the wing quarterly awards program.

Colonel Bennett said Sergeant Johnson was also responsible for improving the performance of those around him.

"He took over an area that had some serious issues and, within a few months, took this section from a 'fail' on the last inspection in October 2004



**Master Sgt. Yolanda Batchelor**

Public Health Flight NCOIC



**Tech. Sgt. Daniel Johnson**

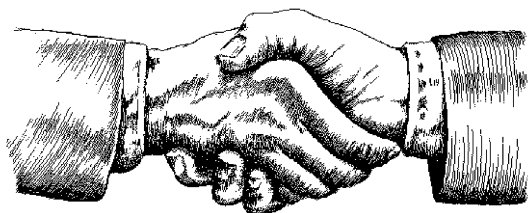
Outpatient Records NCOIC

to a 'best practice' during our recent October 2007 inspection," he said. "He sets the example both in the clinical and operational arenas."

Sergeant Johnson also helped improve the fitness level of staff members.

"There was a time when some of his staff were not doing as well as he thought they could on their PT tests," Colonel Bennett said. "He implemented a pushup/sit-up regimen and also placed weights in the records area."

Sergeant Johnson supervised nine servicemembers and four civilians, managed \$170,000 in equipment and more than 44,000 medical records and supported more than 25,000 beneficiaries.



*Randolph Air Force Base houses more than 30 mission partners, including Air Education and Training Command, Air Force Personnel Center, Air Force Recruiting Service and 19th Air Force to name a few.*

*Each organization conducts a unique opera-*

*tion, essential to the Air Force mission. These units, along with the 12th Flying Training Wing, are what make Randolph Air Force Base the "Showplace of the Air Force." This column focuses on one of these very special mission partners.*

## CPMS: Gatekeeper of employment records

By David DeKunder

Wingspread staff writer

The Civilian Personnel Management Service performs an important function for the U.S. military by securing the records of thousands of Department of Defense civilian workers worldwide.

CPMS continues to evolve and adopt new strategies, initiatives and technologies to better serve the needs of DoD civilian workers, not only at Randolph and in the U.S., but around the world.

CPMS oversees the Defense Civilian Personnel Data System, which contains the human resources and employment records of 800,000 DoD civilian workers worldwide from all defense agencies and the armed forces.

This system contains basic employee data, information on personnel actions, promotions, awards, appraisals and pay adjustments that can be accessed at any time.

Carla Barnes, Functional Requirements, Testing and Operations Branch chief at Randolph, said the DCPDS has to be maintained on a constant basis so that DoD civilians and

their managers, both military and civilian, have the latest information at their fingertips.

"This is a 24-hour, seven-day operation," Ms. Barnes said. "CPMS is a worldwide operation because we have civilian workers in Japan, Korea, Europe and the Middle East who are accessing their personnel records 24 hours a day. Wherever there are civilian workers in the world, DCPDS is supporting them."

Each year, DCPDS oversees more than 650,000 data changes in the DCPDS from personnel actions to pay adjustments, she said.

The Randolph branch of CPMS oversees the application supporting the 11 DoD regional DCPDS databases and customer support units in the world.

During the last two years, CPMS staff has been working to make changes to the DCPDS. Those changes have allowed more employees to access the system than before.

"In years past, the DCPDS could only be used by human resources professionals, managers and supervisors," Ms. Barnes said. "In the last two years, we have deployed a system known as Self-Service for employees, which has been a big change for us because we have increased

our capacity from 100,000 people having access to 800,000."

CPMS will continue to make changes to DCPDS, with the goal of giving DoD civilian workers faster access to the system, Ms. Barnes said. CPMS implemented a more user-friendly access to DCPDS through the Common Access Card, which has eliminated the need for employees to log in using complex passwords and the strain of constantly changing them.

In addition to the CAC log in, Ms. Barnes said CPMS has two other projects in the works that will improve DCPDS capabilities.

"We are designing, enhancing and developing an alternative personnel performance application for National Security Personnel System employees, which is the DoD intelligence community," Ms. Barnes said. "We are continuing to enhance that application to include an employee's education, training, special qualifications and career information."

Since the DoD civilian workforce continues to change, CPMS will continue to lead the way in providing the best information to those dedicated employees who are the backbone of the U.S. military.



## Commander's Action Line

Call 652-5149 or  
e-mail [randolph.actionline@randolph.af.mil](mailto:randolph.actionline@randolph.af.mil)

While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

**Col. Richard Clark**

12th Flying Training Wing commander



## COMMENTARY

# There's no room for 'almost right'

**Chief Master Sgt. Scott Turner**  
AETC Chaplain Assistant Functional Manager

There's an old joke about regulations and how they apply to each branch of service.

For the Army, unless the regulation specifically says you can do something, you can't. For the Air Force, unless the regulation specifically says you can't do it, you can. The Navy believes everything in their regulations is waiveable and the Marines ask, "What are regulations?"

Whether we joke about them or not, regulations – or instructions – are a real part of our lives. They are written for the broadest sense of implementation and cannot possibly cover every facet of every situation we will face from day to day.

So, what do we do when we aren't sure of what to do? How do we still

move forward when the "right" answer may be elusive?

In those instances, apply the "CREDAR Scrutiny Test." Ask yourself the following questions:

• **C – Credible** – Is my action believable, and to whom? Will someone "on the outside" believe my actions to be in the best interest of the duty section, the squadron and the United States Air Force?

• **R – Responsive** – Can my actions be considered responsive, appropriate and timely? Just like above, are my actions responsive to the needs of the mission or are they just something you would like to see happen?

• **E – Explainable** – Can my actions be clearly explained? If I'm called into the wing commander's office and asked to explain my actions, what would the commander's reactions be?

• **D – Defensible** – Can my actions be

persuasively defended as the action needed? I like to use the example: "If you faced a court-martial panel tomorrow, would your actions convict you or acquit you?"

• **A – Appearance** – Does my action appear to be free of taint or prejudice? Is this something I want or is it something that is needed?

Sometimes, there is a difference!

• **R – Right** – Is my action right – ethically, morally and legally? This is arguably the most important question of CREDAR.

Bottom line: is it the right thing to do?

The CREDAR Scrutiny Test is pass/fail – there is no room for "almost right." If you answer "no" to any of the questions, your action fails the CREDAR test completely. If you answer "yes" to all of these questions, then you're probably on the right track.

# Time to kick it once and for all

**By Col. Paul Bennett**  
12th Medical Group commander

It's been over a year since the 12th Medical Group implemented a tobacco-free campus. Well how are we doing?

We've dropped from 16.8 percent to almost 15 percent usage. This equates to almost \$8,000 in savings in medical costs and productivity.

You might say these are not dramatic savings. But in terms of optimizing the health of our warfighters and ensuring a ready medical force, they are significant.

I am passionate about a tobacco-free environment. I equate being tobacco-free

in the same terms of being physically, emotionally, intellectually and spiritually fit. Some Airmen will say they only smoke a pipe or an occasional cigar. I relate that lip and throat cancer are directly related to using these products.

We all know that there are certain establishments on base which allow the sale or use of tobacco products and this tends to be a moral and economic dilemma. There is not one scientific study that proclaims the benefits of using tobacco products. This is an economic-driven decision.

It wasn't that long ago that you could smoke on airplanes, clubs or in restaurants. When the pub-

lic said "no more," there was a huge outcry from tobacco lobbyists saying those establishments would go out of business. Most would agree that rather than going under, they've done quite well after implementing a "no smoking" policy.

The Air Force, Air Education and Training Command, and, in particular, Team Randolph, are doing an outstanding job in leading the way in the "no smoking" policy. Randolph's "poster child" would be the 12th Operations Group which has a miniscule percentage of smokers.

I would implore every non-smoker to assist the smoker in your group or

director to quit smoking.

Have them contact the Health and Wellness Center at 652-2300 and speak with Lorri Tibbetts, Kim Houk or any of the other professionals to assist them in breaking this debilitating habit. There are smoking-cessation classes offered both day and evening, a QUIT line and medications to help those who are in need of this intervention and are all free.

No one has ever said that it's easy to "kick the habit," but the short- and long-term benefits are too numerous to count.

Stop today and save your life.

## ON THE COVER

William Edwards, 3, and Emily Escobedo, 5, participate in the gardening program at the Randolph Child Development Center. (Photo by Robert Goetz)

## WINGSPREAD

12th Flying Training Wing

Editorial Staff

**Col. Richard Clark**

Commander

2nd Lt. Naomi Evangelista

Chief of Public Affairs

Airman 1st Class Katie Hickerson

Editor

**David DeKunder**

**Robert Goetz**

Staff Writers

**Maggie Armstrong**

Graphic Designer

**Wingspread Office**

1150 5th Street East

Randolph AFB, Texas 78150

Phone: (210) 652-5760

Fax: (210) 652-3142

**Wingspread Advertisements**

Prime Time Military Newspapers

7137 Military Drive West

San Antonio, Texas 78227

Phone: (210) 675-4500

**Wingspread e-mail**

[randolph.wingspread@randolph.af.mil](mailto:randolph.wingspread@randolph.af.mil)

**Wingspread Online**

[www.randolph.af.mil](http://www.randolph.af.mil)

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Articles may also be sent by e-mail to [randolph.wingspread@randolph.af.mil](mailto:randolph.wingspread@randolph.af.mil) or by fax at 652-3142. For more information about submissions, call 652-5760.



# 'Active duty' alerts help protect members from identity theft

Courtesy 12th Flying Training Wing Legal Office

The last thing you want to worry about while you're deployed is someone assuming your identity to commit financial fraud.

Now, you don't have to.

Amendments to the Fair Credit Reporting Act allow you to place an "active duty alert" in your credit report. According to the Federal Trade Commission, one of the agencies that enforces the FCRA, the alert requires creditors to verify your identity before granting credit in your name.

Your credit report contains information on where you live, how you pay your bills, and whether you've been sued, arrested, or filed for bankruptcy.

Nationwide consumer reporting companies sell the information in your report to creditors, insurers, employers and other businesses that use it to evaluate applications for credit and a host of other activities, including insurance, employment or renting a home.

Your credit report can be a tool to help you guard against and discover identity theft. Identity theft occurs when someone uses your personal information like your name, Social Security number or credit card number to commit fraud.

Identity thieves may use your information to open a new credit card account in your name. Then, when they don't pay the bills, the delinquent account is reported on your credit report.

Inaccurate or fraudulent information could affect your ability to get credit, insurance or housing, now or in the future. People whose iden-

ties have been stolen can spend months or years cleaning up the mess thieves have made of their names and credit records.

If you are a member of the military and away from your usual duty station, you may place an "active duty alert" on your credit report to help minimize the risk of identity theft while you are deployed.

When a business sees the alert on your credit report, it must verify your identity before issuing you credit. The business may try to contact you directly, but if you're deployed, that may be impossible. As a result, the law allows you to use a personal representative to place or remove an alert.

Active duty alerts on your report are effective for one year, unless you request the alert be removed sooner. If your deployment lasts longer, you may place another alert on your report.

To place an "active duty" alert, or to have it removed, call the toll-free fraud number of one of the three nationwide consumer reporting companies: Equifax, Experian or Trans Union. The company will require you to provide appropriate proof of your identity, which may include your Social Security number, your name, address and other personal information.

**Equifax:**

1-800-525-6285; [www.equifax.com](http://www.equifax.com)

**Experian:**

1-888-EXPERIAN (397-3742); [www.experian.com](http://www.experian.com)

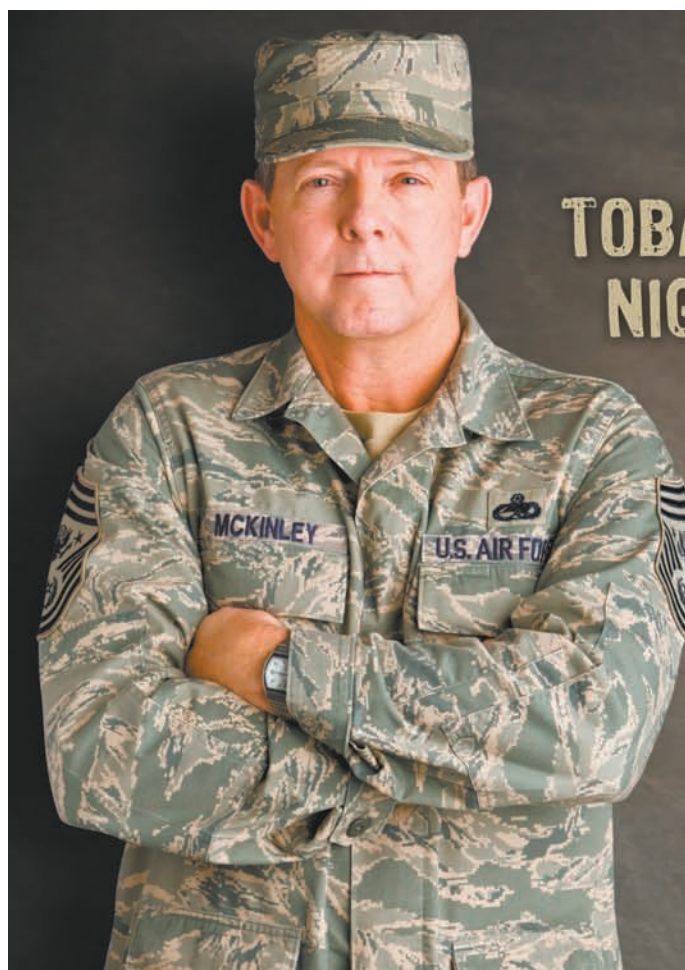
**TransUnion:**

1-800-680-7289; [www.transunion.com](http://www.transunion.com)

Contact only one of the three companies to place an alert. The company you call is required to contact the other two, which will place an alert on their versions of your report as well. If your contact information changes before your alert expires, remember to update it.

When you place an active duty alert, your name will be removed from the nationwide consumer reporting companies' marketing lists for two years, unless you ask that your name be placed on the lists before then.

To learn more about identity theft and your credit rights under the FCRA and the Fair and Accurate Credit Transactions Act, visit [ftc.gov/credit](http://ftc.gov/credit).



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— Rodney J. McKinley  
Chief Master Sergeant of the Air Force

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# Luci Baines Johnson relates trials, triumphs of White House years

By Robert Goetz

Wingspread staff writer

On a day when a pair of Democratic Party heavyweights, former president Bill Clinton and Sen. Edward Kennedy, campaigned for their candidacies in San Antonio, the daughter of a party and Texas icon delighted an appreciative audience at Randolph.

Luci Baines Johnson, the younger daughter of 36th President Lyndon B. Johnson and Lady Bird Johnson, connected emotionally with members of the Randolph Officers' Spouses' Club at a luncheon Feb. 21 in relating her experiences as a teenager growing up in the White House during the turbulent '60s and as the wife of a serviceman in Vietnam.

Ms. Johnson visited Randolph at the request of Amy Clark, wife of Col. Richard Clark, 12th Flying Training Wing commander. The two met last August when Colonel Clark laid the presidential wreath on the grave of President Johnson on what would have been his 99th birthday.

Ms. Johnson said Colonel Clark added a personal touch to the ceremony.

"After presenting the wreath on behalf of President Bush, Colonel Clark told the world all he has accomplished was made possible because of the doors Daddy's public life opened up for him," she said. "Colonel Clark's speech was dignified, eloquent, tender and brilliant. There wasn't a dry eye in the cemetery. It was the best present Daddy could ever receive."

Ms. Johnson said her father "gave his all to the creation of major civil rights and education legislation so that men and women like Colonel Clark could get all the education they could master and become the best that they could be."

"Colonel Clark answered Daddy's call and his country's," she said. "The least I can do is answer his wife's request."

Ms. Johnson bonded with officers' wives as she talked about the fear she felt when she and her sister "raised infants and toddlers while their daddies were at war."

"I know what it is like to have those that you love making monumental sacrifices when your country is torn asunder over whether the war is just and how to make the peace possible," she said. "I know the fear of not knowing when your beloved will return or if they will return. What I don't know and cannot imagine is what it is like for them to have to face these decisions of deployment over and over again."

She talked about the taunts she and her family endured as her father searched for a way to honorably conclude an unpopular war.

"Many times we awakened to the voices of picketers screaming, 'Hey, hey, LBJ, how many boys did you kill today?' Often these were the last words we heard on the nightly news before going to bed."

Ms. Johnson, by turns poignant and witty,

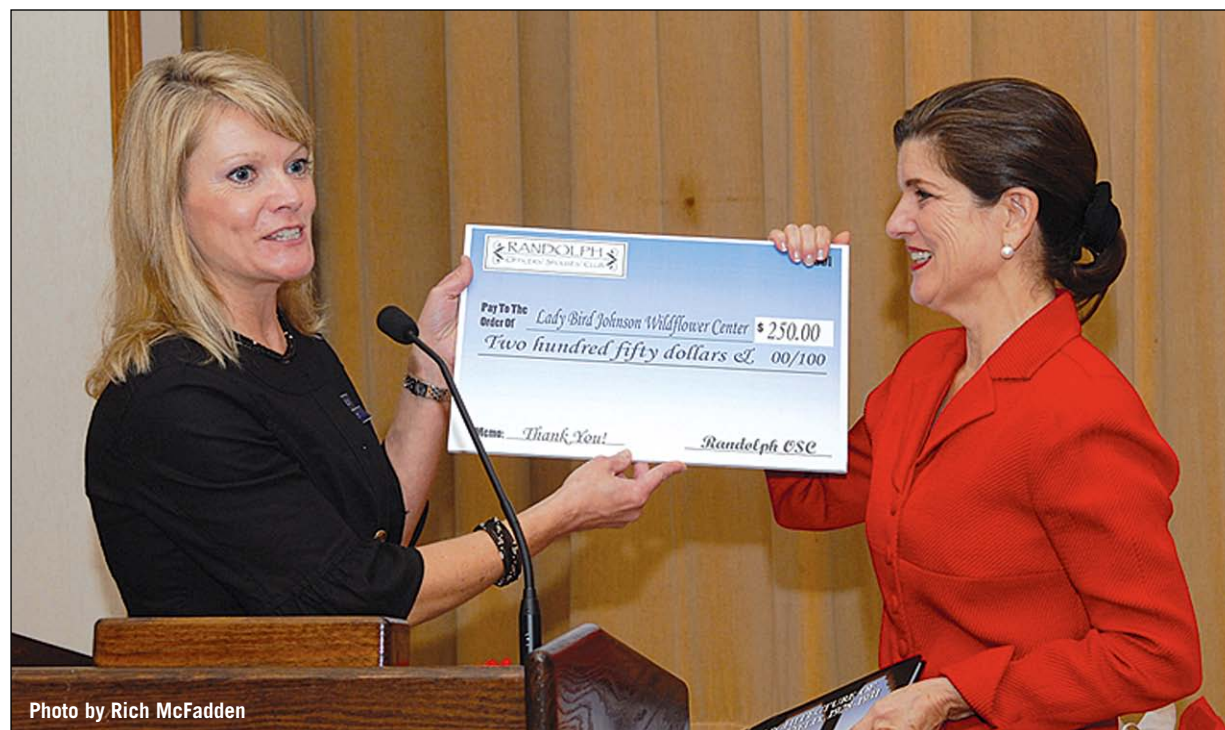


Photo by Rich McFadden

Jennifer Pleus (left), president of the Randolph Officers' Spouses' Club, presents Luci Baines Johnson, daughter of President Lyndon Baines Johnson, with a monetary donation to the Lady Bird Johnson Wildflower Center in Austin. Ms. Johnson spoke to club members during a luncheon Feb. 21 at the officers' club.

took her audience on an emotional roller-coaster ride that mirrored the times – from the assassination of President Kennedy and the anguish her father endured when America's fighting men were dying in Vietnam, to experiencing the "freedom" of operating a motor vehicle chaperoned by Secret Service agents.

"Like every person old enough to remember," Ms. Johnson said, she knew exactly where she was when President Kennedy was shot on Nov. 22, 1963. She was a 16-year-old student at National Cathedral School for Girls when a girl rushed into her Spanish class with the staggering news. Her memories of the days that followed "are clearer than yesterday."

"President Kennedy was my friend and my father's boss," she said. "His assassination was my first personal exposure to violent death."

The fact she didn't know if her father was safe heightened her apprehension.

"Our headmistress announced that the president and Governor Connally, our family's dearest friend, had been shot," Ms. Johnson said. "She asked for our prayers. We prayed and were dismissed. No one mentioned whether Daddy was alive or dead. No one mentioned Daddy, period."

Ms. Johnson said the "worst of times" was followed by the "best of times." Living in the White House – which she first saw as "a place of confinement, not opportunity" – gave her "the once-in-a-lifetime privilege of being an eyewitness to history" when her father signed into law the groundbreaking Civil Rights Public Accommodations and Voting Rights bills.

"Everyone I know who was in the White House during Daddy's administration says it

was a time that defined their lives," she said. "It certainly defined mine."

One of the defining times in Ms. Johnson's life in the White House was campaigning for her father when he successfully ran for president in 1964. Sending her out across the country may have been his "greatest act of courage," she joked.

"This taught me how to get out of myself – a very useful gift for every teenager," she said.

She learned how people lived and what was important to them and how to ask questions, listen and speak in public.

Ms. Johnson was one of the first volunteers in Project Head Start, one of her father's "Great Society" programs. She continued that legacy of community service in areas from education and health care to public television and the environment.

The grandmother of 10, who lives in Austin with her husband, Ian Turpin, is chairperson of the board of the LBJ Holding Company. She is also furthering the legacy of her mother, who died last summer, serving on the advisory council of the Lady Bird Johnson Wildflower Center.

Ms. Johnson said her legacy from her White House days were "a thousand friendships, a deep and abiding love of country and public service, a passion for learning, the recognition that the getting in life is truly to be found in the giving and the belief that I should try to live each day as if it is my last."

For more information on the Randolph Officers' Spouses' Club, visit [www.randolphosc.org](http://www.randolphosc.org).

## The Prairie State Base

By Capt. Tony Wickman

71st Flying Training Wing

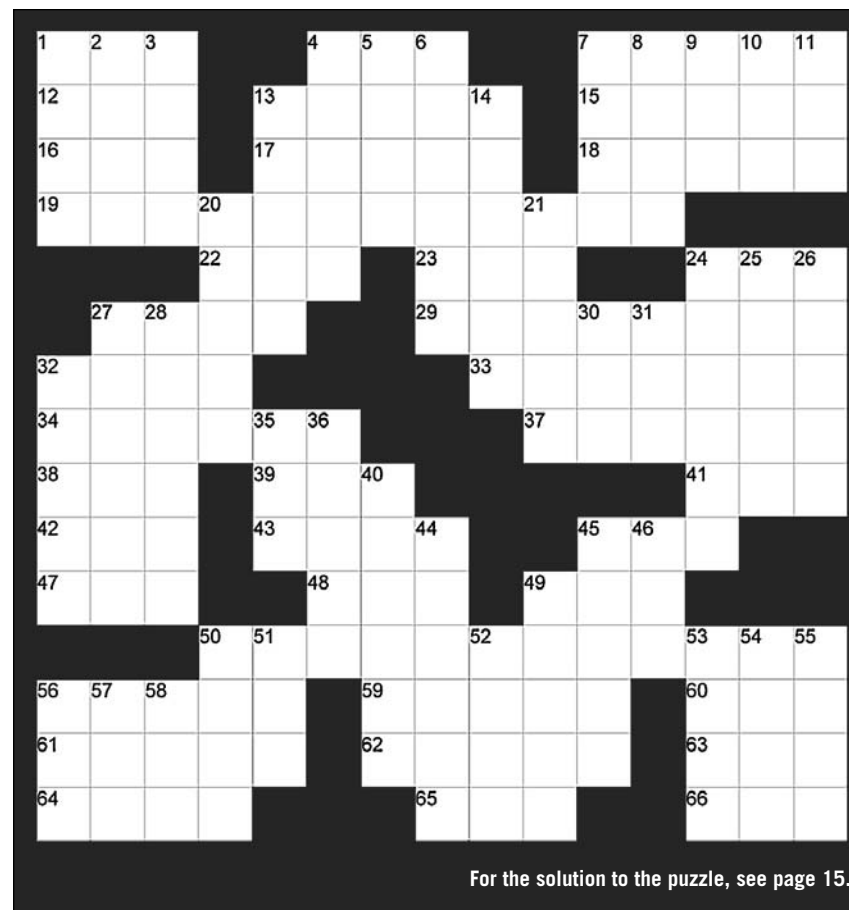
Public Affairs

### ACROSS

1. \_\_\_\_ Moines
4. Time when clocks are set one hour ahead, in brief
7. To annoy or thwart, vex; offend
12. Current MAJCOM for the Prairie State's base
13. Principle or doctrine held as true by a group's membership
15. Pertaining to the ear or to the sense of hearing
16. Duty status unknown, in brief
17. Sound off
18. Cpl. \_\_\_\_ Scott; namesake for the Prairie State base
19. Kc-135; plane at the Prairie State base
22. \_\_\_\_ Smart
23. Religious order woman
24. TV guide listing for prime movie channel
27. Mocks
29. USCOCOM at the Prairie State base
32. Scandinavian ruler of the Aesir and god of war
33. Transition zone between two different plant communities
34. Sea in N Europe, bounded by Denmark, Sweden, Finland, others
37. Former gold coins of Germany, equal to 10 marks
38. The "I" or self of any person
39. Paddle
41. Music holders, in brief
42. Rest
43. Russian mountain range
45. Golf prop
47. Greek goddess of the dawn
48. Lyrical poem
49. Pitcher's stat
50. USAF Band \_\_\_\_; band located at the Prairie State base
56. The \_\_\_\_; Dutch city home to the International Court of Justice
59. Concur
60. Weep
61. Mistreat
62. Stares at
63. Abbrev. for the Prairie State
64. Current commander of the Prairie State base
65. Narrow beam of light
66. Observe

### DOWN

1. Blocks
2. Give off
3. Wound reminder
4. Place where supplies/materials are stored for distribution
5. Agitated or irritated state
6. \_\_\_\_ unit; organization on a base not affiliated with host wing
7. Operation \_\_\_\_ Haven; 1994-1995 U.S. military op
8. Low, vibrating sound made by a cat
9. A Gershwin
10. Make brown by exposure to ultraviolet rays
11. Large North American deer
13. Carries
14. Term during which some position is held
20. Term for an AFOSI member
21. Special skill, talent, or aptitude
24. Bracket for candles or other lights
25. Sharpened a skill or knife
26. Prophetic signs
27. In a leisurely manner; slowly in music
28. Original mission of the Prairie State base was to produce these
30. Neither's literary partner
31. Calculator function, in brief
32. Fat
35. In debt letters
36. Shot in which the cue ball hits two balls in succession
40. Tire type
44. Account book of final entry to record business transactions
45. Oaks and elms
46. Hearing organ
49. Fine-grained impure corundum



For the solution to the puzzle, see page 15.

- used to grind and polish  
50. Expel or remove from a place or position occupied  
51. Charge for service  
52. Region  
53. Ancient Egyptian goddess of fertility

54. U.S. warship attacked in Yemen in 2000  
55. Operation \_\_\_\_ Sentry; 1993 peacekeeping op in Macedonia  
56. Burn residue  
57. New USAF uniform  
58. M-4, M-16 or M-240

## News BRIEFS

### Retirees

Congratulations to Catherine LaBonte and Senior Master Sgt. Roy Pigue, Air Education and Training Command, on their retirements.

### Aircraft IA renewal

Gosafely Aviation Consultants announces the Federal Aviation Administration-approved Aircraft Inspector Authorization renewal seminar March 8 at the Live Oak Civic Center, Interstate 35 and Loop 1604. The event will also feature vendor tables.

Servicemembers and civilians interested in teaching or attending the classes should call John Haral at 884-5978.

For more information, visit [www.gosafely.ws](http://www.gosafely.ws).

### Anthropometric survey

Team Randolph aircrew members are needed for an anthropometric survey under way in Hangar 71.

Call 652-6695 to volunteer.

### Dental patients needed

The periodontics department of the Comprehensive Dentistry Residency at Dunn Dental Clinic, Lackland Air Force Base, is

screening patients for dental care limited to surgical treatment of periodontal diseases and defects.

All eligible Department of Defense beneficiary categories will be screened for potential treatment as teaching cases, including dependents of active duty and retirees.

To schedule an evaluation appointment, call 292-6364 or have your general dentist fax a consultation to the periodontics department at 292-3338.

### AETC consolidates telephone operators

Effective today, Randolph telephone operators are consolidated into one location at Kelly USA in San Antonio, the beginning of an effort that will include all 13 Air Education and Training Command bases migrating in a phased approach over the next several months.

Telephone services will be provided 24/7 365 days a year. Randolph callers will continue to dial the same telephone operator numbers in use for years; the only noticeable change is the pre-recorded greeting, which will refer to the AETC Consolidated Telephone Operators.

For more information, call Mary Caudell, 12th Communications Squadron, at 652-3283.

### HazMart Free-Issue Program

The 12th Logistics Readiness Division Materiel Management Flight reminds Team Randolph members that procedures for requesting turn-in and free issue of hazardous materials purchased through the base supply system are included in the 12th LRD Operating Instruction 20-107, HazMart Free Issue Program.

Materials must be unused, serviceable and in their original containers. Organizations that have purchased hazardous materials for a project but have not used the entire amount may be eligible to have funds returned to the account if the materials meet additional criteria.

For more information, check the 12th LRD home page or call 652-5681 or 652-5682.

### MOAA recruiting new members

The Military Officers Association of America-Alamo Chapter is recruiting new members. Members represent all branches of the armed services, including active duty, reserves, National Guard, retirees and their spouses.

Call 228-9955 or e-mail [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net) for more information.





## An Army, or Air Force, of One

By Lane Bourgeois

12th Flying Training Wing historian

The Army had a commercial campaign from 2001-2005 in which the slogan was, "An Army of One."

The Army paid an advertising agency for the marketing research to come up with that slogan and manage the advertising campaign. However, if the Army had checked the history files, they might have discovered that at one time there was, from 1909-1911, an "Air Force of One" – so to speak.

On Aug. 2, 1909, the U.S. Army acquired a Wright Flyer dubbed "Aeroplane Number 1."

The Wright brothers were under contract to teach two people how to fly, so Wilber gave Lieutenants Frank Lahm and Frederic Humphreys about three hours of dual instruction. They soloed on Oct. 26, 1909. Then, on Nov. 5, they damaged the aircraft and the Army sent them packing.

It became an Air Force of none.

After undergoing some repairs, Aeroplane No. 1 was sent to Fort Sam Houston to get away from winter weather. Lieutenant Benajamin "Benny" Foulois, who had managed to get three brief flying lessons from the Wrights, was sent with it.

On March 2, 1910, Foulois got Aeroplane No. 1 in the air, and completed his first solo intact. The Air Force of One, was then in operation.

Throughout that summer, Foulois continued to fly, but suffered a number of minor accidents.

He was both pilot and ground crew, as he performed his own repairs. He was also his own supply depot and fund site, because he sometimes had to reach into his own pockets to pay for fuel and repairs.

The 1910 Aeronautical Division budget was a mere \$150. Taking inflation into account, it's over \$3,200 in today's dollars. But that's still a very small amount when considering this was a brand new piece of technology.

The Signal Corps complained at such a paltry sum and tried to make a case for \$200,000 in operating funds for the fledgling Aeronautical Division. But Congress wasn't sympathetic. One of its members said, "Why all this fuss about planes for the Army? I thought we had one."

By the end of 1910, the hapless Air Force of One was about to be grounded again, as Aeroplane No. 1 had suffered enough damage throughout its short life to earn an early retirement.

In February 1911, Robert Collier – writer, publisher, self-help guru and forward thinker – bought a new Wright Flyer, Type B, and leased it to the Army at \$1.00 per month. The "Air Force of One," was given another chance to survive.

It appeared that this arrangement finally shamed Congress into providing some funds for the beleaguered Aeronautical Division. A few months later, they approved \$125,000 of funds, \$25,000 of which was made immediately available so Foulois wouldn't have to pay for gas out of pocket.

But General Allen had different plans for that money. He immediately ordered five new aircraft at \$5,000 dollars each.

In April 1911, a Curtis Model D became Signal Corp's Aeroplane No. 2. and military aviation was born.

# Air Force is 'Above All'

By Staff Sgt. J.G. Buzanowski

Secretary of the Air Force

Public Affairs

WASHINGTON (AFPN) – The Air Force has a new advertising campaign to recruit the next generation of Airmen as well as better inform people about the Air Force mission:

"Above All."

"The new slogan is admittedly a bold one," said Col. Michael Caldwell, deputy director of Air Force public affairs, "but so are Airmen." This campaign accurately portrays Airmen and how they're executing the Air Force mission to ensure the security and safety of America now and in the future.

"'Above All' is about what we do and how we do it," Colonel Caldwell said. "The job of the Air Force is to defend America and we do that by dominating air, space and cyberspace. The new campaign and slogan captures our roots, but also illustrates where we're going as a service as the Air Force prepares to contend with future threats."

The purpose of the campaign is to create a dialogue with potential recruits, their parents and those most likely to influence young people to join the military.

The "Above All" campaign kicks off this month and will be prominent on television, in print, cyberspace, sporting events, magazines and during commercial breaks, Colonel Caldwell said.

The campaign will feature real Airmen performing their missions, like Staff Sgt. Lee Jones from Barksdale Air Force Base, La. He's featured prominently in the campaign as a warrior on the front lines of the Air Force's newest warfighting domain, cyberspace.

"I'm excited to be a part of this and to represent the Air Force this way," said Sergeant Jones, a computer systems operator and cyber-warrior. "'Above All' is a great slogan because it says how we shine in what we do to defend our nation and accomplish our mission."

The Above All slogan was chosen over several other phrases as the best description of the Air Force mission, Colonel Caldwell said.

"From all the research we did about how people feel about the Air Force - including civilians, Airmen and representatives from other services - this was the phrase that stood out the most," said Colonel Caldwell. "This campaign captures the professionalism of our Airmen, our technological edge and our ability to meet today's threats while at the same time prepare for future challenges."

"When anyone in our Air Force family sees an 'Above All' ad, we hope it reminds them that their role is important to America," Colonel Caldwell said. "This campaign makes it clear the Air Force's mission 'Above All' is national defense and protecting the American people."

Q & A

### • What does "Above All" mean?

It refers to what we do and how we do it. "Above all," we defend America by dominating Air, Space and Cyberspace.

### • What will happen to the "Cross Into the Blue" slogan?

The Air Force will phase out "Cross Into the Blue" right away in an effort to build awareness of "Above All."

### • What will happen to the "Do Something Amazing" slogan?

It will be incorporated into the "Above All" campaign.



# COMMUNITY

## LEARN TO COOL IT

# Course teaches base members how to control anger

By David DeKunder  
Wingspread staff writer

A free anger management course offered by the Health and Wellness Center is helping Team Randolph members understand the causes of anger and how it can be dealt with before it becomes destructive to a person's emotional and physical well-being.

The course is offered year-round in four sessions and is open to active-duty personnel, dependents and Department of Defense civilians, and is taught by John Gallardo, Randolph Mental Health Clinic counselor.

Mr. Gallardo said that people exhibit two types of anger, overt and chronic. Overt anger lasts for only a few minutes. Chronic anger can last hours.

"There are people who are always angry despite the situation," he said. "Those people have deeper emotional problems. But most people get angry because of something going on at work or at home. There are certain ingredients that can get people angry."

A person tends to get angry because he or she is in pain over internal conflicts or problems, Mr. Gallardo said.

Mr. Gallardo said a person gets angry because he or she is in pain over internal conflicts or problems.

"Pain plus blame produces anger," Mr. Gallardo said. "Anger that turns inward becomes depression. Blaming somebody else produces anger. Research shows anger is caused by core issues such as feeling ignored, insignificant or abandoned. People blame

the others for pushing their buttons on certain issues, but do not themselves own up to those issues."

"Pain and anger are like a match and gasoline," Mr. Gallardo said. "Separately they are harmless, but when you put them together they are explosive."

People's lives are based on meeting certain expectations; when those expectations are not met, people sometimes turn to anger, he said.

"Expectations have to meet two things: it has to be promised and it has to be reliable," Mr. Gallardo said. "If our expectations are not met we get frustrated, which can be healthy. But if that emotion turns to anger, it is no longer good for you"

"You are not thinking when you are emotional, but reacting," he said. "If a person does not own up to his or her own emotions and blames someone else, those emotions are pulling him or her to a bad place."

"The antidote for anger is compassion," Mr. Gallardo said. "This means having empathy for the other person, putting yourself in his or her shoes and understanding where he or she is coming from. The other part is healing the wound inside. Anger is a temporary solution. It relieves the pain, but does not heal the wound."



Controlling anger starts when people deal with their problems and conflicts in a rational way, Mr. Gallardo said.

"In the anger management class, our objective is to change the way people think," he said. "We call that cognitive restructuring and start by having people buy into their core values and live by them. When a person believes those values, his or her self-esteem is high. When those beliefs are weak, they are ineffective and a person has low self-esteem."

"People need to get in touch with themselves," Mr. Gallardo said. "By learning how to resolve their conflicts, they can control their anger. If they just manage their conflicts, their problems don't go away."

The best time for a person to resolve their emotional issues and conflicts is when they are not angry, Mr. Gallardo said.

"The use of relaxation has been found to be effective," he said. "When you are relaxed, you can think more clearly how to resolve your issues."

Mr. Gallardo said there are three ways relaxation can be used effectively. One is through deep breathing. Inhaling and exhaling produces muscle relaxation. Another is tensing up and releasing specific muscles from the toes to the head. Third is positive imagery. Thinking about being in a positive place produces positive attitudes.

Those interested in taking the anger management course should call the HAWC at 652-2300.

## Community BRIEFS

### RANDOLPH CHAPEL – 652-6121

#### • Chapel schedule

For a complete chapel schedule, including Protestant, Catholic and other religious services, visit [www.randolph.af.mil](http://www.randolph.af.mil) and click the "chapel" link on the right side.

### AIRMAN & FAMILY READINESS CENTER – 652-5321

#### • San Antonio tour

A tour of historic sites in San Antonio takes place today from 8:15 a.m. to 3 p.m. Participants will also stop for lunch and shopping. Child care is provided for children under the age of 12.

Call 652-3060 to make reservations.

#### • Troops to Teachers

A briefing today from 1-3 p.m. at the A&FRC will provide assistance to military personnel interested in beginning a second career in public education as a teacher.

To sign up, call 652-5321.

### MISCELLANEOUS

#### • Sergeants association

The Air Force Sergeants Association Chapters 1075 and A1075 will hold their Installation and Recognition Banquet today at 6:30 p.m. at the Randolph Enlisted Club. The cost is \$16 for club members and \$18 for nonmembers. Men's dress is coat and tie; women's attire is an after-5 dress.

#### • Chess tournament

A base championship chess tournament takes place Saturday at 9 a.m. at the enlisted club. The tournament is open to all active duty, dependents, Department of Defense civilians, contractors and retirees.

To sign up, call 652-6508 by noon today.

#### • National Parks America Tour

Volunteers are needed for the sixth annual National Parks America Tour March 8 at San Antonio Missions

National Historical Park.

To volunteer, call Krystal Reeger at 932-1002, ext.223.

#### • Job fair

The semiannual San Antonio Military Community Job Fair takes place March 28 from 8:30 a.m. to 3 p.m. at the Live Oak Civic Center, 8101 Pat Booker Road. Visit [www.taonline.com](http://www.taonline.com) and follow the prompts to "job fairs" to find a list of participating employers. No registration is required.

### EDUCATION CENTER – 652-5964

#### • ACCD

Registration for the Alamo Community College District's Spring 2008 Flex II session continues through March 7. Classes begin March 10. Art appreciation, computer literacy, American literature and psychology are among the courses being offered.

The ACCD computer lab will be

available this term Monday-Thursday from 6:30-9:30 p.m.

Call 659-1096 for information.

#### • Wayland Baptist University

Wayland Baptist University's bachelor of science in occupational education is a 124-credit-hour undergraduate degree offering majors in justice administration, human services and occupational education, among others.

Call 945-8379 or visit the Randolph office in Building 208, Room 11.

#### • St. Mary's University

Course schedules for summer terms I and II will be posted online starting Saturday. Students may go to [www.stmarytx.edu/registrar](http://www.stmarytx.edu/registrar) to view the course schedule. Early registration will begin April 1, and summer courses will start in May.

For more information, contact the Randolph representative at 658-4852 or [stmurafb@att.net](mailto:stmurafb@att.net).

### • CCAF

Today is the cutoff date for the April Community College of the Air Force graduation ceremony. Interested Airmen must turn in all documentation by close of business.

#### • Park University

Registration continues through March 8 for Park University's Spring II term, which begins March 17 and ends May 11. Late registration ends March 14. Introduction to Math, which can be used to complete the math requirement for Community College of the Air Force, is being offered in an eight-week format.

For more information, e-mail [rand@park.edu](mailto:rand@park.edu) or visit the Randolph office in Building 208, Room 5.

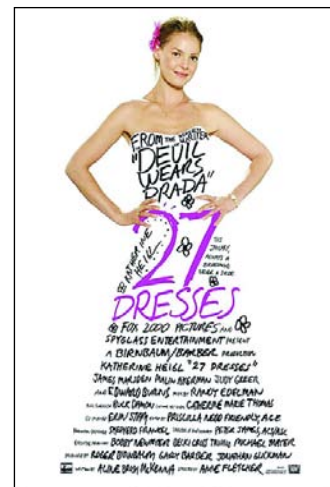
#### • ERAU

Next week, March 3-7, is appointment week to register for the 08/S3 spring classroom term at Embry-Riddle Aeronautical University.

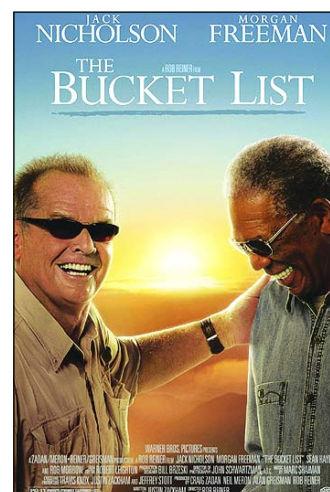
Call 659-0801 for more details.



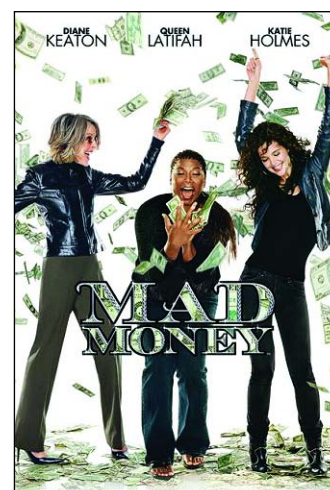
**Children (11 yrs. and under) \$2.00**



*Jane is idealistic, romantic and completely selfless – a perennial bridesmaid whose own happy ending is nowhere in sight. But when younger sister Tess captures the heart of Jane's boss – with whom she is secretly in love – Jane begins to re-examine her “always-a-bridesmaid...” lifestyle.*



*Two terminally ill men try to fulfill a wish list known as "The Bucket List" before each kicks the bucket. After they break out of a cancer ward, they head off on a road trip with an itinerary that includes racing cars, eating giant plates of caviar and slinging poker chips in Monte Carlo.*



*Three ordinary women decide to do something extraordinary – rob one of the most secure banks in the world. The three devise a plan to smuggle soon-to-be-destroyed currency out of the supposedly airtight Federal Reserve Bank. It looks like they have pulled off the perfect crime, until a minor misstep alerts the authorities. They are pushed to the limits to stay ahead of the law.*



## Women's History Month observed in March

For more details, call 2nd Lt. Jessica Long at 652-5014, ext. 3152 or 2nd Lt. Elizabeth Baker at 652-5171.



## 12th Services Briefs

### BOWLING CENTER – 652-6271

#### • Spring Break bowling special

Make plans to visit the bowling center during your Spring Break for an afternoon of bowling fun. Enjoy the special rate of \$1.75 per game, per person plus \$1.50 for rental shoes. This special price is good between March 10-13 and March 17-20 from 10 a.m. to 4 p.m.

#### • COLORAMA bowling

Colorama bowling is March 14 & 28 at 7:30 p.m. The entry fee is \$10 per person with optional side pots.

### ENLISTED CLUB – 652-3056

#### • March Madness coming

Watch the first round of March Madness in Gil's Pub and enjoy the lunch special, which is a mountain of seasoned fries and 12 BBQ wings for \$8.95 for members or \$10.95 for nonmembers. For evening games enjoy the special of Super Nachos which consists of tortilla chips, diced onions, sliced jalapenos, and bean dip all smothered in a hot cheddar sauce with a pitcher of domestic beer for only \$9.25 for members or \$11.25 for nonmembers.

#### • Pajama party

Wear your favorite pajamas and dance the night away on March 14 at 8 p.m. in the Nite Club. DJ Doc will have prizes for the "cutest" dressed person the "cutest". If your pajamas happen to be green your name will be entered into a special drawing in observance of St Patrick's Day.

### FITNESS CENTER – 652-2955

#### • Rambler 1.5 mile run

Join the fitness center staff on March 5 at 6:30 a.m. at Eberle Park for a 1.5 mile run to see how ready you are for your next Physical Readiness test. The first 50 participants will receive a towel. Unit PT groups may participate in this event as part of their PT session.

#### • Racquetball courts closed

The racquetball courts were installed improperly so the entire flooring, lines, sealant, and finishing must be redone. All racquetball courts will be closed through March 7 and open for play March 8.

#### • Power yoga

Power Yoga offers a challenging workout for building strength, flexibility, stamina and lengthens & stretches the muscles at the same time. Classes are every Monday from 11 a.m.–noon and Wednesday from 4–5 p.m.

### GOLF COURSE – 652-4570

#### • TaylorMade demo day

The golf course is hosting a TaylorMade demo day on Saturday from 9 a.m. to 2 p.m. You can swing their new drivers, fairway woods, putters and get personal recommendations from technical experts as to which clubs are best for you.

Those attending the demo will also receive a coupon for a free breakfast taco and a coupon for a free hot dog.

Come by and let TaylorMade analyze your swing and give you tips on how to get the most distance and accuracy.

#### • March Madness

You can golf for half price (\$11) on Mondays during March, whether riding or walking. An unbelievable deal!

#### • Locker rental

Are you tired of lifting your clubs in and out of your vehicle? Are your clubs taking up valuable space in your garage? Make life easier for yourself and rent a locker for only \$60 per year.

### LIBRARY – 652-8901

#### • Book discussion

The library is hosting a discussion of the book "to Kill A Mockingbird" on March 15 at 2 p.m. followed by a screen-

ing of the movie. When you sign up you will receive your own copy of the book so you can read the book at your leisure prior to March 15. Sign up now since as group size is limited for good discussion.

### OFFICERS' CLUB – 652-4864

#### • Membership appreciation deck party

Mark your calendars for March 6. If the weather doesn't cooperate, we will bring the party inside. Enjoy burgers and brats/hotdogs for only \$3 for members or \$6 for nonmembers from 5–7 p.m.; enjoy the Texas Tide Band from 5–8 p.m.; and last, but not least, enjoy cool beverages from the bar from 4–8 p.m. The dining room will be closed this evening.

#### • St. Patrick's Day celebration

Celebrate the "blarney" on March 14 in the Auger Inn. There will be party favors, Irish Eats and Green Beer throughout the evening. The "Worx" band will play from 6:30–10:30 p.m. for your musical entertainment. The only thing missing will be YOU!

### WOOD SKILLS CENTER – 652-5142

#### • Parent/Child woodworking class

On March 15 from 10 a.m. to noon you and your child can have a lot of fun building an Indy car racer. Deadline for sign up is March 10.

### YOUTH CENTER – 652-3298

#### • Nite Hoops registration

Register for Nite Hoops March 1–May 30, Mon.–Fri. from 9 a.m. to 5 p.m. and Sat. 10 a.m. to 4 p.m. Nite Hoops is free for youth center members ages 13–18. Participants must have a current physical. The Nite Hoops league will run June 1–August 4. Please call the Youth Center at 652-2088 for more information.

## COUNSELOR OF LOVE

*Counselor of Love*  
 Comedy Show

### Officers' Club

March 13

Show starts at 7:30 p.m.

Cocktails/hors d'oeuvres at 6 p.m.  
 Dinner & Champagne at 6:30 p.m.

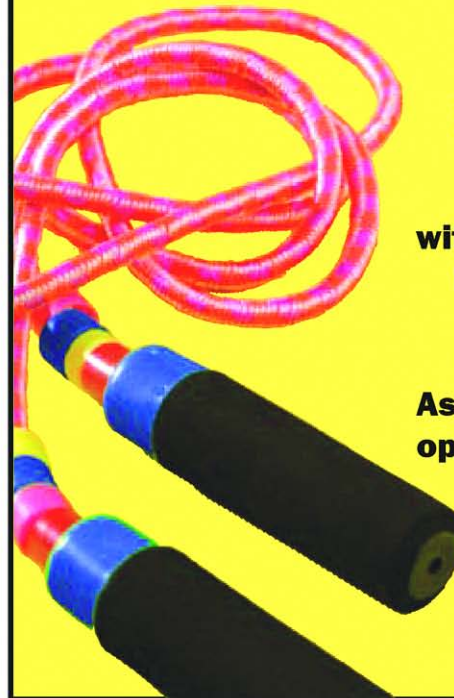
Members pay \$40 or \$75 per couple  
 Nonmembers pay \$5 more

Comedian  
**Barry Neal**

## JUMP ROPE & HOOPS FOR HEART

**March 8**  
**10 a.m. - noon**

**Live healthy and help  
 with a worthwhile cause!**  
**Money raised from the  
 event will be donated  
 to the American Heart  
 Association. The event is  
 open to all youth eligible  
 to use the Youth  
 Center facilities.**  
**Please call 652-  
 2088 for more  
 information.**





## FEATURE

# Botanical appreciation blossoms at Randolph CDC

By Robert Goetz  
Wingspread staff writer

A group of budding gardeners at Randolph is planting the seeds for a greener America and not one of them is more than 5 years old.

They're all children at Randolph's Child Development Center and their botanical education rivals that of students years older.

Throughout the year the children learn about the life cycle of plants, watching herbs, fruits, vegetables and flowers grow as their appreciation for living things blossoms. The toddlers in Rooms 1 and 2 grow herbs while the 3-, 4- and 5-year-olds in Rooms 3-6 tackle bigger assignments, primarily vegetables and fruits.

"I think it's awesome that the children experience hands-on learning from the beginning," said Theresa Duncan, program supervisor at the award-winning CDC, which last year was named Air Force Services' Child Development Program of the Year. "They get to plant seeds, watch the plants grow, harvest them and even use them for cooking activities. You should see their faces when they see them grow."

She said the gardening experience gives children at Randolph's CDC a big head start on their peers.

"These are things many children don't experience until elementary school or later," said Ms. Duncan.

One of the program leaders with a green approach to early childhood education is Ana Guadron, who recently earned the 12th Services Division's Spark Plug Award. A native of El Salvador who has worked



Photos by Robert Goetz

Ana Guadron, a caregiver at the Randolph Child Development Center, shows Alyssa Forehand, 3, and Hayden Holcombe, 5, how to use a shovel in the center's garden.



Toby Mills, 5, displays his gardening skills at the Randolph Child Development Center.

at the CDC since 2003, is one of two caregivers responsible for two dozen 3-, 4- and 5-year-olds in Room 6. She said the gardening enrichment program teaches the children about the life cycle of plants and exposes them to environmental concerns at an early age.

"They observe the cycle as a seed turns into a fruit, vegetable or flower. They see the differences and similarities between plants, learn about photosynthesis and why plants need water and they even make compost," she said.

The program provides them with an environment to learn other skills as well.

"They develop social skills," she said. "They work together in a group, help each other and look for solutions."

Ms. Guadron said the students also learn to write the names of the plants and acquire mathematical skills in their exercises.

"They count seeds; they classify seeds, vegetables and fruits by color, size and shape and graph them to measure their growth," she said.

Ms. Guadron said the process begins with the children learning about seeds.

"First they smell and touch the seeds," she said. "That's how they learn at their age – by manipulating, touching and feeling the seeds and the soil. Then we talk about the differences and similarities."

The children place the seeds in plastic cups filled

with soil, then later plant the growing organisms in the garden on the playground behind the child development center and watch them grow into pumpkins, yellow corn, squash, pinto beans, carrots, broccoli and numerous other fruits and vegetables. Ms. Guadron has added the pepinillo, a cucumber from Central America, to the mix.

The children also learn about the critters that are attracted to the garden – amphibians such as frogs, reptiles like lizards and insects from caterpillars to ladybugs, she said.

The students' efforts are well-chronicled with posters and scrapbooks filled with photographs. The learning aids help reinforce what the children have learned.

"We keep a picture of everything we do," Ms. Guadron said. "You have to do it over and over again."

Ms. Guadron said she's proud of what the children are accomplishing at such an early age. It is her hope that all they really need to know they will learn before kindergarten.

"When I send these children to kindergarten, I want them to be more than ready," she said.

One of her students, Jazlyn Ingram, appears to be ready at age 4. She knows exactly what it takes to make a garden grow.

"I dig a little hole and put some seeds in it," she said.

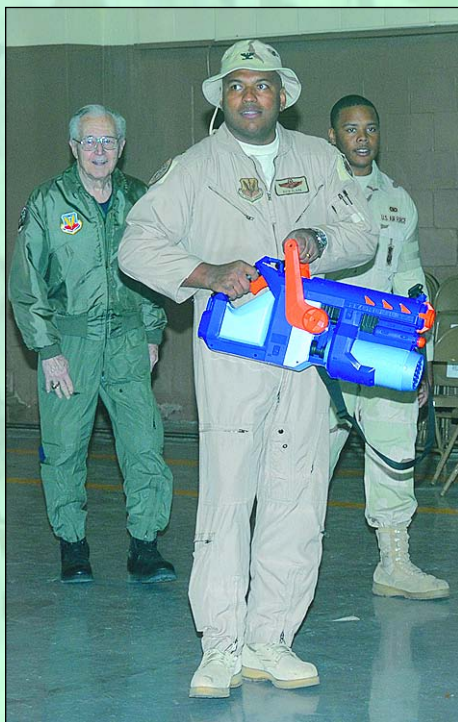


# COMBAT DINING IN

Fellow Airmen  
remembered, warrior  
ethos celebrated  
during long-standing  
Air Force tradition.

Right: Col. Richard Clark (center), 12th Flying Training Wing commander, came to the first-ever wing Combat Dining In with his water cannon, prepared for a night of fun and team-building camaraderie.

Below: Members of the Randolph Air Force Base Honor Guard perform a remembrance ceremony at the start of the Dining In for all to remember those brothers and sisters in arms who made the ultimate sacrifice on the field of battle.



Photos by Rich McFadden

Staff Sgt. Helen Gonzalez (left) and Capt. Anna Johnson, both from 12th Flying Training Wing staff agencies, go through the serving line at the Combat Dining In ceremony in Hangar 4 Feb. 22.



Captured as a water balloon burst in the cameraman's view, a group dons water guns and riot gear to stage their attack during a water fight breakout during the tricycle race to the grog bowl.



Amidst a haze of green fog and sea of soaked Airmen, retired Col. Ralph Parr presented a distinguished speech, talking about his achievements and time as a combat aviator during the Korean conflict. Colonel Parr will be recognized later this spring when the officers' club is renamed in his honor.





# SPORTS and FITNESS

## HOOP LA

*What team would you like to see make it to the NCAA Final Four tournament and why?*



**1st Lt. Dave Erkins**  
563rd Flying Training Squadron

**West Virginia**

*"Because it's my alma mater and all my friends will be in town if we make it to the final four."*



**Staff Sgt. Ricardo Monroy**  
12th Contracting Squadron

**UCLA**

*"I'm an Arizona fan, but I'm behind any PAC-10 school who makes it."*



**Airman 1st Class Justin Rankin**  
12th Security Forces Squadron

**University of Louisville**

*"They're going to come here representing my home state."*



**Airman 1st Class Katie Hickersson**  
12th Flying Training Wing

**Kansas State University**

*"I like to see KU, Texas and Nebraska cry when we win."*

## March

### Group Exercise Class Schedule at the Rambler Fitness Center



MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
6 a.m. - Cycling	6 a.m. - Step	6 a.m. - Cycling	9 a.m. - Step/Weights	6 a.m. - Cycling	9 a.m. - Kick Boxing
9 a.m. - Step	9 a.m. - Yoga	9 a.m. - Step	9 a.m. - Yoga	9 a.m. - Step	9 a.m. - Pilates
11 a.m. - Step	10 a.m. - Srs. Strength	11 a.m. - Step	10 a.m. - Seniors	11 a.m. - Step	10 a.m. - Zumba
11 a.m. - Power Yoga	11 a.m. - Step	4 p.m. - Power Yoga	11 a.m. - Step	5:15 p.m. - Yoga	
Noon - Kick/Flex	4:45 p.m. - Pilates	5 p.m. - Combo	6 p.m. - Kick Boxing	6:30 p.m. - Kick Boxing	
4:45 p.m. - Super/Step	5:45 p.m. - Zumba	5:15 p.m. - Cycling			
5:15 p.m. - Cycling	6 p.m. - Kick Boxing	6 p.m. - B-Toning			
5:45 p.m. - Yoga					
7 p.m. - Kick Boxing					

For more information on any of the exercise classes, call the Rambler Fitness Center at 652-2955.

## Refugio Bobcats end comeback season for Ro-Hawks

By David DeKunder  
Wingspread staff writer

The Randolph High School boys basketball team's season came to an end Feb. 22 when they lost to the Refugio Bobcats, 57-40, in the second round of the Class 2A playoffs in Pleasanton.

Refugio, which led 24-18 at halftime, outscored the Ro-Hawks 33-22 in the second half to advance to the third round where they played Poth on Feb. 22.

Kyle McNally was the only Ro-Hawk to score in double figures with 16 points. Mark Hopkins added eight points, D'Mario Noble six, Lenu Gilchrist and Stephen Pompa with three each and Jared Cornish and Julius Rivera with two a piece.

The Bobcats had four players score in double figures led by Carl Swain's 14 points. Dillon Myers had 13 points, Ricky Lewis 12 and Travis Martino 10.

Randolph coach Tim Gendron said Refugio's defense did a good job containing Hopkins, who was the Ro-Hawks' leading scorer at 20 points per game this season, and forcing the rest of the Ro-Hawks to miss their shots.

"Our kids played hard and smart most of the time, they just could not make their shots," Gendron said. "We tried our best we just could not get the shots to fall. Refugio had something to do with that because of their athleticism and quickness."

Randolph ended the season at 17-14, which

included a third place finish in District 29-2A and a first round playoff win over San Antonio Hawkins Feb. 19. Having to deal with injuries and playing young players early on, the Ro-Hawks started the season at 2-6 before rallying to make the playoffs on the last day of the regular season.

Despite the injuries, Gendron said the Ro-Hawks never gave up and kept fighting throughout the season.

"I was real proud of our kids," Gendron said. "Out of the 31 games we played this season, there were only six games in which we had everybody healthy. The kids learned how to overcome all that adversity and battled."

Seniors C Stoker, Cornish, Rivera and Gilchrist all played in their final game for the Ro-Hawks.



## Getting it done right



Josh Hetz, a crew worker with a general contracting agency, works to repair the floor boards of the racquetball courts at the Rambler Fitness Center here Wednesday. During construction in 2006 and 2007, the original installer improperly installed the floor boards nailing the boards only every 18 inches rather than the required 9 inches. As a result of a year of use, the individual planks separated and bent at the joints. The courts are being sanded now and after getting painted and sealed, are scheduled to re-open March 7.



Photo by Steve White

## 12th Flying Training Wing Golf Tournament

Col. Richard Clark, 12th Flying Training Wing commander, will host the wing annual golf tournament March 7. The four person team scramble kicks off the spring golf season at Randolph Oaks Golf Course.

The cost of the tournament is \$40 per person and \$30 for members. The price includes 18 holes of golf with a cart, mulligans, raffle tickets, food and beverages.

There is a shotgun start at 12:30 p.m. Payment is due in advance. To sign up a team, call Maj. Tony Misciskia or 2nd Lt. Ryan Sealy at 652-5132.

## Sports BRIEFS

### Women's History Month 5K

The Rambler Fitness Center will host a Women's History Month 5K fun run at Eberle Park Wednesday at 7:30 a.m. Fitness Center smoothie bar gift certificates will be awarded for first and second place finishers. Refreshments will be provided.

For more information, call 1st Lt. Ebony Cook at 652-5013, ext. 3120.

### Fitness Center Tennis Courts

Tennis courts 1 and 2, which are located behind the fitness center, are closed due to repair work that is being done.

### Golf course pricing

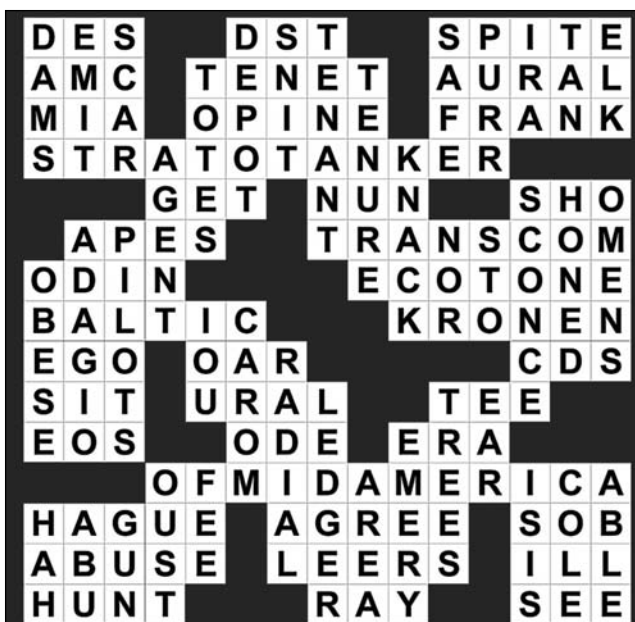
Regular twilight pricing begins at 1 p.m. daily and the cost for a round of golf with cart is \$14 per person. Super twilight pricing begins at 3:30 daily and the cost for a round of golf with cart is \$10 per person.

### Tee times

Golfers should sign up for week-day tee times at the Randolph Oaks Golf Course at least two days in advance.

Drawings are held every Thursday for weekend tee times. Groups must have at least two active duty members to qualify for a priority tee time.

To sign up for weekend tee times, e-mail to [tee.time@randolph.af.mil](mailto:tee.time@randolph.af.mil).



Solution to the puzzle on page 7.